

Recommended Plan of Study

Name:

CWID:

Bachelor of Science in Nutrition

Department of Health and Human Performance – East Texas A&M

FIRST YEAR (32 HOURS)

Fall Semester (16 hours)	Prerequisites	Hours	Grade	Year/ Semester
College Algebra (MATH 1314)		3		
US-College Reading and Writing (ENG 1301)		3		
Human Anatomy and Physiology I (BSC 2401)		4		
History of the US through Reconstruction (HIST 1301)		3		
Food Preparation (NUTR 201)		3		
Spring Semester (16 hours)	Prerequisites	Hours	Grade	Year/ Semester
GLB/US – Written Argument/Research (ENG 1302)	ENG 1301	3		
History of the US from Reconstruction (HIST 1302)	ENG 1301	3		
Human Anatomy and Physiology II (BSC 2402)	BSC 2401	4		
US Government and Politics (PSCI 2305)		3		
Nutrition (HHPH 331)		3		

SECOND YEAR (31 HOURS)

Fall Semester (15 hours)	Prerequisites	Hours	Grade	Year/ Semester
Orientation to Dietetics Profession (NUTR 205)		1		
Language, Philosophy, Culture		3		
General and Quantitative Chemistry I (CHEM 1311/1111)		4		
Microbiology (BIOL 2420)		4		
Introduction to Psychology (PSY 2301)		3		
Spring Semester (16 hours)	Prerequisites	Hours	Grade	Year/ Semester
Nutrition Through the Life Cycle (HHPH 334)	HHPH 331	3		
General and Quantitative Chemistry II (CHEM 1312/1112)		4		
Food and Culture (HHPH 339)		3		
Texas Government and Politics (PSCI 2306)		3		
Fundamentals of Public Speaking (COMS 1315)		3		

THIRD YEAR (29 HOURS)

Fall Semester (16 hours)	Prerequisites	Hours	Grade	Year/ Semester
Organic Chemistry I (CHEM 2323/2123)	CHEM 1312	4		
Nutritional Physiology (HHPH 336)	HHPH 331	3		
Principles of Management (MGT 305)		3		
Food Systems Management (NUTR 325)		3		
Community Nutrition (NUTR 310)		3		
Spring Semester (13 hours)	Prerequisites	Hours	Grade	Year/ Semester
Organic Chemistry II (CHEM 2325/2125)	CHEM 2323	4		
Nutrition Assessment (NUTR 350)	HHPH 331, CHEM 2323	1		
Food Science (NUTR 320)	NUTR 201, CHEM 2323	4		
Quantity Foods (NUTR 420)	NUTR 201, BIOL 2420 Pre/Co: NUTR 325	4		

FOURTH YEAR (28 HOURS)

Fall Semester (13 hours)	Prerequisites	Hours	Grade	Year/ Semester
Medical Nutrition Therapy I (NUTR 450)	NUTR 350, HHPH 336	3		
Advanced Nutrition I: Macronutrients (HHPH 431)	HHPH 336	3		
Business Principles in Dietetics (NUTR 425)	MGT 305	3		
Essentials in Statistics (MATH 453)	MATH 1314	3		
Senior Seminar (NUTR 460)	Senior Standing Co: NUTR 450	1		
Spring Semester (15 hours)	Prerequisites	Hours	Grade	Year/ Semester
Medical Nutrition Therapy II (NUTR 451)	NUTR 450	3		
Advanced Nutrition II: Micronutrients (HHPH 432)	HHPH 336	3		
Research Methods in Nutrition (NUTR 435)	Senior Standing Pre/Co: MATH 453	3		
Nutrition Education and Counseling (NUTR 340)		3		
Creative Arts		3		

TOTAL HOURS = 120